



Plasma Fibroblast Expectation & Aftercare Agreement

I want the UTMOST success for you in your treatments with me. To do this, let's ensure expectations are communicated and understood. You are welcome to ask me any questions (310- 428-5893). Although in most cases I respond quickly, please allow 24 hours for a response.

- I understand that it will take the full 12 weeks to see the final result of one treatment, and that every person heals differently. Results will vary between people, and even between sessions on the same person.
- I understand some areas treated (e.g. eyes) will swell A LOT for 72 hours. I understand sleeping at an incline, and light walking around can assist in this. ·I understand that collagen production is stimulated through inflammation, and therefore I will not take any ibuprofen or anti-inflammatories (or ice) to reduce inflammation.
- If I feel a lot of heat in the skin a day or so after the treatment, I will message Marcella and may possibly be able to use some ice in that instance and will wait for her instructions.
- I understand that some areas treated with Plasma Fibroblast (e.g. the eyes) will most likely look worse before they look better, as the skin is restructuring.
- I understand that my skin will be pink for a while after the crusts fall off, AND that the healing process is still happening over the span of 12 weeks, even though the surface of the skin will look normal.
- I understand that it will take a total of AT LEAST 2 to 3 treatments total (12 weeks apart in the same area) to begin to see the results I desire, and that 1 treatment in 95% of cases will not be enough, and therefore the results will not be the full extent they can be.
- I understand that to enhance results further, I may be recommended to complete 12 sessions of Microcurrent to supplement and complement my Plasma Fibroblast Treatment, as Plasma Fibroblast stimulates collagen production and tightens skin, and Microcurrent tightens muscles.
- I understand that the aftercare is equally as important as the Plasma Fibroblast Treatment itself, and I am responsible for following instructions precisely for the best results for me.

POST-TREATMENT

·No exercise/sweating until day 4. Day 1 begins on the day of your treatment. ·It will take the crusts (dots) 7-10 days to fully fall off the area treated (Note: areas treated below the collarbone will take longer).

I will not use any soap on the areas treated with Plasma Fibroblast. I can splash my face with water and IMMEDIATELY PAT dry with a paper towel (no rubbing). After I shower, I will do the same thing so as to keep the crusts dry as much as possible.

- I will not pick or lightly encourage the crusts to fall off in any way. The skin has a process and I trust that process and understand that encouraging the crusts to fall off (no matter how lightly), may affect my results. I understand sleeping on my back is most beneficial.
- I understand this process requires time and patience, as it is not plastic surgery or an injectable (filler). The results need to develop and be layered, and are not immediate.
- I will take 2,000mg of Vitamin C and a powdered collagen supplement (11 g) daily to assist the development of collagen in the healing process.
- I will NOT apply any makeup, SPF, or creams on the area that was treated with Plasma Fibroblast while the crusts are still present as I understand this could cause an infection and will impair healing.
- Once the crusts fall off, I WILL NOT do a peel, scrub, microdermabrasion, Retinol (Retin-A), or any other type of skin resurfacing for 6 weeks. And I will stop immediately if my skin feels extra sensitive when I do.
- No Botox or fillers 2 weeks before your Plasma Fibroblast Treatment, or for 2 weeks after.
- I will apply the colloidal silver I was provided as needed on the crust while they're healing if they feel itchy.
- Itching is a part of the healing process!
- No direct sun exposure while the crust are present (as you are not able to apply an SPF). Once crusts fall off, I will apply a thorough sun block (Zinc Oxide or Titanium Dioxide based SPF of 15% or higher) and wear a hat, rashguard, etc (depending where I have been treated).
- Wearing an SPF daily, along with a skin care regimen daily/nightly, and washing my face nightly will always positively affect my results from any treatment.

If I've had Plasma Fibroblast done on my body, I understand I need to wear loose clothing to prevent crusts from rubbing off and irritating skin.

- I understand sun bathing will limit my results. I have read and understand the bullet points listed above and agree these are to ensure the highest success of my treatment.

Name

Signature

Date